

Terrace Times NEWSLETTER

Rio Terrace Community Moravian Church
15108 – 76 Ave.

Phone: (780) 487-0211 Fax: (780) 487-0215

E-mail: RioTerracechurch@shaw.ca

Web Site: www.rioterracemoravianchurch.ca

Pastor: Rev. Carol J. Vogler

Coordinator /Music Ministry: Karen Banks

Musician: Daniel Kapetanov

Administrator: Donna Bell

CHURCH BOARD:

Chair – Roger Delbaere

Vice Chair – Craig Banks

Past Chair – Mike Kachkar

Treasurer – Peter Banks

Maintenance – Eric Papsdorf

Membership – Marguerite Webb

Outreach – Laurie Ward

SAGE – Vacant

Secretary – Ingrid Lundell

Social – Candace Bacon

Worship/Music – Jan Kirzinger

Environment – Rod Barnes

November 2009

I find this time of year both amazing and perplexing...with the days shortening so noticeably and the cold coming so abruptly. In eastern Pennsylvania, where I grew up, from October up until mid December, one never knows if the cold is just a “snap” or here to stay; and snow “showers” are typical events. In any given year, during November, it is possible to see snow or to be able to play in the warm sun!

It's taken me years of living in Alberta to understand and absorb the fact that, once it gets cold, that's it! But it's been slow learning for me. Even after 20 years, I'm often caught leaving the house without my coat or mitts. And, I still wait until that first Sunday of Advent to hang my lights – out in the deep dark and frigid cold while my neighbours who put theirs up weeks earlier sit warm and cozy inside.

Change comes to us in many ways. Change can come slowly, subtly (like graying hair or the changing colours of the leaves).

With these changes, we make the necessary adjustments,

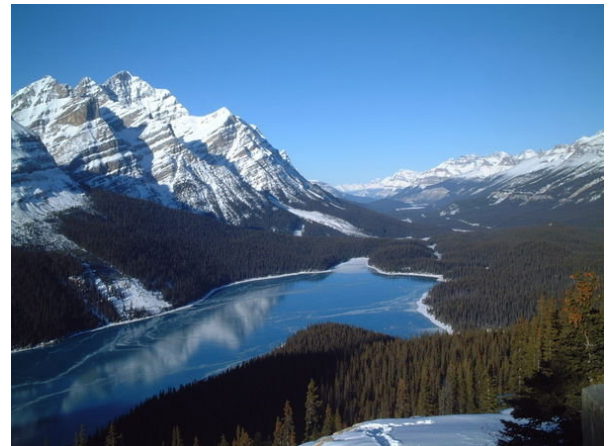
learning as we go. Often, it's not until we look back in retrospect that we see how the changes and learning have unfolded in our lives. Other changes come abruptly, hitting us like the shock of that first cold blast of winter air. With these sudden changes, there is no choice, we are forced to make the necessary adjustments and confronted with lessons we need to learn.

This fall, the Gospel lessons have offered numerous examples of change. Mark portrays the disciples stumbling over themselves trying to understand that following Jesus meant change: change that was in some cases abrupt and in others, more gradual. But in these stories, change is always transformational, deep and life-giving.

As we turn our sights to Advent, and as we embrace the seasonal changes around us, let's ask ourselves what kind of changes are happening in my/our life? What lessons are there to learn from these changes? How can we, as a community of faith and as individual followers of Jesus, see those changes as opportunities for deepened growth and faith? Change is a necessary part of life and faith. Whether we are a slow learners or in the throws of learning lessons we've never dreamed we'd have to learn, God is with us. There is comfort and hope in knowing that we are not alone, through change and through life.

Blessed be,

Pastor Carol



Kids...Parents...and Grandparents

This year RTC is putting on a Christmas Pageant, a play called *Matt and Lucy's Version Births*. All children are welcome! There are six delightful songs to sing and plenty of ways for little angels (and wise guys!) to participate! There will be rehearsals leading up to the December 20 performance during worship, with more information emerging over the next couple of weeks.



Please sign up your (self), your child or grandchild by phoning the church office or putting your name and phone number on the sign up sheet in the sanctuary...

Thank you!

Jodie Kachkar; Kristine Kane; Carol Vogler

Our deepest sympathy...

To Roger Delbaere, Bob Taylor, and Ron Story. Each of these friends had a brother who died during the last month. May our love and prayers surround them in this time of loss.

Ongoing Prayer Concerns...

Mary Beth (and Gordon) Fearn (Mary Beth in palliative care at Athabasca Hospital); Jim (and Pat) McCauley (Jim's move to Laurier House); Al (and Wendy) Bryan (Al's cancer diagnosis);



Financial Update – Peter Banks, Treasurer.

			Actual as at September 30, 2009	75% of 2009 Budget	
<p>Last month, we reported an operational deficit of \$2,816. Since then, our giving hasn't kept pace with expectations, and all of our September Fall startup expenses have come in. The net result is that our operational deficit has grown to \$15,191. Normally, it is usual to have a deficit at this time of year; but this amount is larger than usual.</p> <p>Donation reports were sent out earlier this month. Please review these for accuracy, let Donna know of any discrepancies, and ensure that your giving is up-to-date. If you feel inclined to increase your giving at this time; please do so.</p> <p>A summary of our anticipated financial state for 2010 will be provided with the stewardship mail out in November</p>	Income:	Donations	\$122,163	\$138,322	
		Special Offerings	\$3,148	\$10,500	
		Other	\$13,192	\$13,589	
		Total	\$138,503	\$162,411	
	Expenditure	Other	\$150,546	\$150,947	
		Special Offerings	\$3,148	\$10,500	
		Total	\$153,694	\$161,447	
	Deficit/ Surplus			-\$15,191	\$965

Are You Ready For Seasonal and H1N1 Influenza?

This is the time of year that we can expect many viruses to be in the community. This year, a new strain called H1N1 is circulating and there are some precautions that we can take to prevent illness or control the spread of any influenza. The following information is adapted from The Public Health Agency of Canada and Alberta RN magazine.



1. **If you are sick, stay home.** Anyone with influenza-like symptoms should stay at home to prevent the spread of disease to healthy individuals. These symptoms include fever, cough, muscle aches, lethargy and lack of appetite. Healthy individuals in the same home as an ill person can continue their activities unless or until they become ill. There may be slight benefit to having the ill person wear a mask to decrease the spread of the virus but the evidence to support this quite limited.
2. **Wash Your Hands, Cover Your Cough.** Hand washing and respiratory etiquette are extremely important measures to take in combating the spread of Influenza. Hand hygiene using plain soap and water is the preferred method for cleaning as the mechanical action of washing helps to remove the microbes. When one is unable to wash, the use of alcohol-based hand rubs is recommended. Respiratory etiquette means using a tissue for a cough/sneeze, immediately discarding the tissue and washing your hands. If no tissue is available, coughing/sneezing into one's elbow or sleeve is preferred to bare hands. It is important to avoid touching eyes, mouth and nose and avoid sharing cups, eating utensils etc and these measures will prevent the virus from entering the body.
3. **Vaccine Prevents Illness.** Immunization clinics are currently operating throughout the city and locations are listed in the newspaper. Seasonal influenza vaccine is now being offered at no charge. This vaccine is recommended for people over the age of 65,

- younger people with chronic illnesses (eg. asthma, diabetes), people living in a group setting, pregnant women, children aged 6 months to 23 months and any household contact of these groups. The vaccine is a killed vaccine and cannot cause illness. The side effects are mild and the vaccine is quite effective in producing immunity. The H1N1 vaccine is also available and can be given at the same time as seasonal influenza. Children under the age of 9 require two doses of the vaccine with a 21 day interval between the doses. All Albertans over the age of 6 months are eligible to receive the vaccine at no charge.
4. **Environmental Cleaning.** Influenza viruses can survive on surfaces for a period of several hours to even days. Cleaning of high-touch objects and surfaces (e.g. doorknobs, faucet handles, work surfaces, computer keyboards, telephones, hand rails, etc) will help to prevent the transmission of the influenza virus from person to person through contaminated hands. Other special environmental precautions are unnecessary. The bedding and clothing of an ill person can be washed in regular detergent and water.
 5. **Other Notes.** If one needs health information, contact the 408-LINK number. It is a 24/7 number and the nurses who answer the line will have the most current information on Influenza. Neighbours might consider looking out for each other and offering help if needed. One might check in with the pharmacy to ensure one has a full stock of prescription medications and any over-the-counter drugs (e.g. acetaminophen) that might be helpful. It could also be helpful to have groceries and other necessities on hand.
 6. **Resources.** The following is list of web sites for more information:
Health Canada www.hc-sc.gc.ca
Public Health Agency of Canada www.phac-aspc.gc.ca/index-eng.php
Alberta Health and Wellness www.health.gov.ab.ca
Health Link Alberta www.healthlinkalberta.ca
Fight Flu Website www.fightflu.ca

Mission & Outreach Committee – Laurie Ward

November 29 IS FOOD BANK SUNDAY



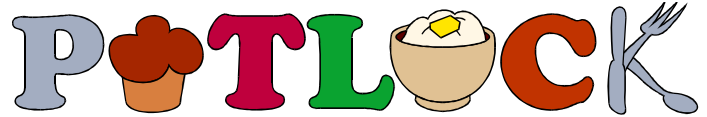
SPECIAL THANKSGIVING OFFERING

The Thanksgiving Special Offering raised \$2,433.00 for “Dogs with Wings Assistance Dog Society”. Guest speaker Maria Illas, accompanied by her family and service dog, Dora, gave a wonderful presentation on the good works of the society and how important these dogs are to the lives of so many disabled adults and children in the province. Thanks to all who contributed!



WINTER SURVIVAL KITS

Join us on Friday, November 13th at 6:00 p.m. for our “HOPE IN A BAG” POTLUCK evening. We will be collecting supplies from November 1st to 13th. These items can be stored at back of church OR brought with you to the potluck. Please see the sign up sheet, supply list and poster on the back table (or contact Laurie Ward for more information at 780-487-1802)



WIN HOUSE & YOUTH EMERGENCY CLOTHING DRIVE

Clothing will collected from November 15th to 29th ONLY. Boxed or bagged items can be brought to the church and put on the pews at the back of the sanctuary.

Environmental Committee – Rod Barnes

Capitol City Cleanup Continues

For the first time, The Capitol City Cleanup program will be extended from the summer months to continue through the winter. Our team undertook to keep the area around the church more or less clean of litter. So, without a formal signup, we remind you that if you are out for a walk and see any garbage around the church building, please pick it up and dispose of it properly.

Membership Committee – Marguerite Webb

Greeters and Clean-up Volunteers

We are in the process of renewing/updating our list of volunteers to greet people on Sunday mornings and/or to clean up after coffee. The more volunteers we get, the less often any one person has to do it, so please consider adding your name to our list -- either sign up at the church or contact Marguerite at 780 489-1653 or at rosewebb@telus.net. Thank you!

Choir Notes

The Choir will be practicing Advent and Christmas music in November and December. Anyone interested in joining us for the Christmas season is welcome. We practice every Thursday evening from 7 to 9. The choir will be singing at the Advent Music Night at Millwoods Moravian Church on Sunday evening, December 6 and here at RTC on Christmas Eve at the 6:30 and 8:30 services.



The Canadian Moravian Mission Society is
pleased to host
Reach, Teach and Preach
Changing Hearts: God at work in our
congregations and communities

What: A one (1) day seminar lead by Lisa Mixon, *Director of People in Mission* and Mark Ebert, *Director of Volunteer Ministries* The Board of World Mission. We will have an opportunity as Moravians to discuss these questions: Where Do We Come From? Where Are We Today? Where Are We Headed? Where Are Our Hearts? How will we, as Moravians, live out what we believe?

Where: Millwoods Community Church, 2304-38 Street, Edmonton

When: November 7, 2009
10:00 AM – 4:30 PM
Lunch Provided.

Cost: Free - we need to know how much food to purchase for lunch so please register by sending an email that you are attending the seminar to Marion Perrin mperrin@interbaun.com or leave a message by telephone 780-486-2283

District Church Event

“Opening Doors: Growing Your Church”

Provincial church planter, Fred Lehr, will be doing a presentation on church growth at the Good News Church on Saturday, November 14th, beginning at 9 am. Please mark your calendars and plan to attend this event as we explore ways to reach beyond our doors. Continental breakfast and lunch provided. Free will offering received. Register online at www.moravian.ca or through the church office

Prayer Walk for Peace: On November 11, 2009, members of various faith communities will gather in front of City Hall at 7:00 p.m. and begin a candlelight walk from City Hall to the War Memorial with stops at the Gandhi statue and Canada Place. There will be short times of remembrance, reflection and prayer at each stop. You are invited to join others to remember and pray for peace. For more information, contact Scott Key at (780) 435-9960 or scott.key@kingsu.ca

The Canadian Moravian Mission Society

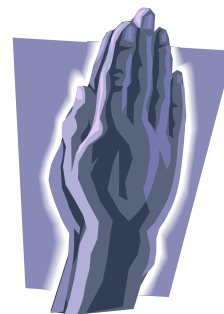
invites you to a Mission Dinner
Saturday, November 7, 2009, 6:30 PM
Millwoods Community Church
2304–38 Street, Edmonton
Dinner - \$10.00

An evening of fellowship and an opportunity to see and hear about the mission projects supported by the Canadian Moravian Churches
RSVP mperrin@interbaun.com or 780-486-2283 by November 3

Unity Prayer Watch

(Good News, Edmonton, Millwoods, Rio Terrace and Heimtal churches)

Friday, December 11 - See sign up schedule



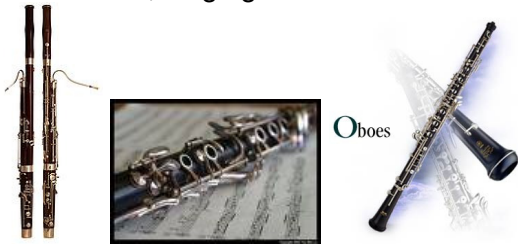
**A Trio of Trios continues...
Music With the Moravians series**

Trio 2: WindRose Trio – Saturday, November 7, 2 PM

Founded in 2002 by three musicians with a passion for chamber music, **WindRose Trio** has been presenting Edmonton audiences with the all the charm and wit that the reed trio repertoire has to offer. Their debut disk, Path of Contact, is the well-deserved winner of the 2009 Western Canadian Music Awards Classical Recording of the Year.

Oboist **Beth Levia**, clarinetist **Jeff Campbell** and bassoonist **Matthew Howatt** present a concert of some of the most intricate, difficult and beautiful music of the 20th century, including the Suite Breve en Trio by **Eugene Bozza**, Serenata by **Rudolf Maros**, and **Elliott Carter's 8 etudes and a Fantasy** (with special guest, **Chenoa Anderson**, Flute).

The musicians of WindRose Trio still believe in the relevance of classical music in its most intimate manifestation – no gimmicks here, only three bare wind instruments, singing stories.



The Canadian Moravian Museum Presents

What: An Organ Concert

When: Sunday, November 22, 2009 at 2:00 pm

Where: The Moravian Museum in Bruderheim (the old Moravian church)

Who: Organist Wilma Redberger and Friends

Details: There will be a free will offering for the Museum.

coffee and goodies will be served after the concert.

The Museum Gift Shop will be open – just in time to pick up a few gifts for Christmas!

Info: Susan 780.796.3870

Trio 3: MULE on a Golden Road – Saturday, November 28, 2 PM

"I don't know but I've been told, the streets of heaven are paved with gold. Must be a mighty fine road."

MULE is **Dave Wall** on guitar and **Ken Read** on trombone and electronics, with special guest **John Ceri Jones** on trombone and Celtic harp. The trio explores the golden side of the rich sounds available to them through the unique vision of these creative musicians and this unusual instrumentation.

All **Music With the Moravians** concerts are on Saturday afternoons 2 – 3 pm at the Edmonton Moravian Church on 96 Street one block north of Whyte Avenue

CALLING ALL HANDYPERSONS:

Do you have two hours a month to discover how many Moravians it takes to change a light bulb? Yes?

Rupert Newman, host/custodian extraordinaire for the past 18 years at Camp Van Es (the Moravian answer to a luxury resort), needs a little assistance with general maintenance. Your volunteer help will be much appreciated. And you couldn't work with a nicer guy!



Please call Bonnie Hauch @ 780-922-2457

SUN	MON	TUES	WED	THURS	FRI	SAT
<h1>November 2009</h1>						
1 Worship 10:30 am Alberta Made Pot Luck 6 pm	2 Spiritual Surprises 1:30 -3:00	3	4 Membership meeting 4:30 @ Marguerite Webb's	5 Rug Hooking 10 am – 12 Choir 7 pm	6	7 District Mission event @ Millwoods See p. 5
8 Worship 10:30 am	9 Spiritual Surprises 1:30 -3:00	10	11 Remembrance Day	12 Choir 7 pm	13 Hope In A Bag Potluck 6 pm	14 District Church Event @ Good News 9 am See p. 5
15 Worship 10:30 am	16 Spiritual Surprises 1:30 -3:00	17 Board Meeting 7 pm	18	19 Rug Hooking 10 am – 12 Choir 7 pm	20	21
22 Worship 10:30 am Environment Committee After Worship	23 Pastor Carol Away Nov. 23-Dec 3	24	25	26 Choir 7 pm	27 Just Christmas Global Marketplace 9210-118 Ave 5:30-9:00 pm	28 Just Christmas Global Marketplace 9210-118 Ave 9:30-4:00 pm
29 ADVENT 1 Worship 10:30 am Rev. Ian Edwards, Guest Food Bank Sunday Christmas Craft Night	30				December 11 – Prayer Watch	

November Birthdays

Please remember to give hugs and best wishes for a wonderful year to come to all of our friends and church family members who will be celebrating their birthdays in November.

Klaus Gericke
Tony Poyser
Diana Remmer

Merle Marples
Carol Duke
Bev Ellingson

Kayla Kirzinger
Lauren Banks
Molly Forster

Brad Welch
DJ Michaels
Jackie Kirk

